

How To Wear A Surgical Mask!

Wash or sanitize your hands before you touch your mask!!!!

1. Put the elastic bands around your ears or tie the strings.



2. Bend the metal strip so it fits around your nose.



3. Spread any folds in the mask until it is wrapped around your face & covers your chin, mouth, & nose.
Check for leaks on top, bottom & both sides.



Once you have adjusted the mask, sanitize hands!
»Great! You are protecting others from germs now«

4. Do not touch the mask again until you remove it.

5. Dispose of your used mask in the trash – don't share used masks! They will be contaminated with germs!

Remember to wash or sanitize hands before & after removing or touching the mask for any reason!

Students can purchase masks at the SSU Student Health Center Pharmacy or Front Desk or at a retail drug store.